Chick-fil-A®

March 20, 2014

The following information is provided for those customers who have intolerance to gluten. Below is a list of our menu items that may fit if you are trying to avoid gluten. Some ingredients such as spices and natural flavors may be proprietary; therefore, we may not have the source listed for those items. We recommend you review this list with your physician before consuming any of the products listed below, or any other item on our menu. Please note that we do not have a gluten free prep area in our kitchens.

Beverages	☐ Polynesian Sauce
☐ All Beverages	☐ Reduced Fat Berry
	Balsamic Vinaigrette
Breakfast	Dressing
☐ American Cheese Slice	☐ Spicy Dressing
☐ Bacon slice	☐ Zesty Apple Cider
\Box Egg	Dressing
☐ Hash Browns	
☐ Sausage patty	Entrees
	☐ Grilled Chicken Filet (no
Condiments	bun)
☐ Apple Jelly	☐ Chick-fil-A® Grilled
☐ Grape Jelly	Market Salad
☐ Ketchup	☐ Grilled Chick-fil-A®
☐ Mayonnaise	Nuggets (8 or 12 count)
☐ Mixed Fruit Jelly	IZ dia Magla
□ Mustard	Kid's Meals
	☐ Buddy Fruits® Pure Blended Fruit To Go
Desserts	applesauce
☐ Chocolate Syrup	☐ Grilled Chick-fil-A®
☐ Icedream®	Nuggets (8 or 12 count)
Dinning Squagg and	1.088000 (0.00.00.00)
Dipping Sauces and Dressings	Sides
☐ Avocado Lime Ranch	□ Cole Slaw
Dressing	☐ Chick-fil-A Waffle Potato
☐ Barbecue Sauce	Fries®
☐ Chick-fil-A® Buffalo	□ Fruit Cup
Sauce	☐ Side Salad
☐ Buttermilk Ranch Sauce	☐ Yogurt Parfait
☐ Chick-fil-A® Sauce	
☐ Fat Free Dijon Honey	
Mustard Dressing	
☐ Honey Mustard Sauce	
☐ Honey Roasted BBQ	
Sauce	
☐ Light Italian Dressing	